



NEW YEAR CONSECRATION

25FOR25

MEDITATION AND MOVEMENT

Week 3: JAN 20 - JAN 24, 2025

Resilience in the Face of Adversity: Day 1

Devotional: Have you ever felt knocked down, wondering if you could get back up? Life has a way of delivering unexpected blows that can leave us questioning our ability to continue. Yet, within every believer, God has planted an extraordinary capacity for resilience. Just like Paul, who got up after being stoned and returned to the very cities where he faced persecution, we too have been equipped with supernatural strength to rise above our circumstances. This isn't just about surviving; it's about thriving in the face of adversity. When we choose to stand up after being knocked down, we're not just displaying personal strength - we're demonstrating our trust in God's greater purpose for our lives.

Bible Verse: They preached the gospel in that city and won a large number of disciples. Then they returned to Lystra, Iconium and Antioch, strengthening the disciples and encouraging them to remain true to the faith. 'We must go through many hardships to enter the kingdom of God,' they said. - Acts 14:21-22

Question: What situation in your life right now requires you to demonstrate resilience, and how might God be using this challenge to strengthen your faith?

Quote: There must be some special kind of resilience that God releases upon people who won't quit. If you decide despite what you've been through, that you refuse to quit, then God will release upon your life certain bounce back ability.

Prayer: Lord, grant me the strength to rise above my circumstances. Help me to see beyond my present challenges and trust in Your greater purpose. Give me the courage to keep going, knowing that You are with me every step of the way. Amen.



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Moving Beyond Stagnation: Day 2

Devotional: Sometimes the biggest obstacle to our growth isn't the mountain ahead, but the comfort zone we're stuck in. Stagnation can feel safe, but it's actually a subtle form of resistance to God's plan for our lives. When we remain in one place too long, we risk missing the beautiful journey of growth and transformation God has prepared for us. Progress often requires us to take that first step, even when we can't see the entire path ahead. Remember, God isn't looking for perfect performance - He's looking for willing hearts ready to move forward in faith.

Bible Verse: Paul and Barnabas appointed elders for them in each church and, with prayer and fasting, committed them to the Lord, in whom they had put their trust. - Acts 14:23

Question: What area of your life has become stagnant, and what one step could you take today to begin moving forward?

Quote: The hardest part isn't elevation. The hard part is getting rid of stagnation.

Prayer: Heavenly Father, give me the courage to move beyond my comfort zone. Help me identify areas of stagnation in my life and grant me the wisdom and strength to take steps forward in faith. Amen.



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Surrender Before Success: Day 3

Devotional: In our achievement-driven world, it's easy to think that success comes purely from ability and effort. However, God's economy operates differently. While He certainly values our abilities, what He seeks most is our surrender. When we fully submit our plans, dreams, and abilities to God, we position ourselves for His divine elevation. This surrender isn't about passive resignation; it's about active trust in God's perfect timing and plan. It's acknowledging that our greatest achievements come not through our own strength, but through allowing God to work through us.

Bible Verse: They preached the gospel in that city and won a large number of disciples. Then they returned to Lystra, Iconium and Antioch. - Acts 14:21

Question: What areas of your life are you still trying to control, and how might complete surrender to God change your perspective and outcomes?

Quote: Don't be surprised by who God elevates and who He doesn't. God's choice isn't based on ability—it's based on surrender.

Prayer: Dear God, help me to surrender fully to Your will. Take my abilities, my dreams, and my plans, and align them with Your purpose. Teach me to trust in Your timing and Your ways. Amen.



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The Power of Persistence: Day 4

Devotional: Sometimes it feels like we're running on empty, yet somehow we find the strength to keep going. This isn't just determination - it's divine empowerment. God has placed within every believer a supernatural reserve tank that kicks in just when we think we can't take another step. This persistence isn't just about personal endurance; it's about fulfilling God's greater purpose through our lives. When we choose to keep moving forward, despite feeling depleted, we tap into God's infinite resources and discover strength we didn't know we had.

Bible Verse: They preached the gospel in that city and won a large number of disciples. Then they returned to Lystra, Iconium and Antioch, strengthening the disciples and encouraging them to remain true to the faith. - Acts 14:21-22

Question: When was the last time you felt completely depleted, yet God provided the strength to continue? How does this experience encourage you in your current challenges?

Quote: You keep shocking yourself because you feel like you're living on E. But you keep going because God puts in every believer a reserve tank. Which means it's not over till God says it's over.

Prayer: Father, thank you for the reserve tank of strength You've placed within me. Help me to persist when I feel like giving up, knowing that Your power is made perfect in my weakness. Amen.



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Rising Above Circumstances: Day 5

Devotional: Our circumstances don't define our destiny - God does. When we understand this truth, we gain a powerful perspective that helps us rise above any situation we face. The challenges in our path aren't roadblocks; they're stepping stones to higher ground. God allows certain experiences not to defeat us, but to develop us. When we survive difficulties, it's not just survival - it's a testimony that these challenges have no ultimate power over us because we serve a God who is greater than any obstacle.

Bible Verse: They preached the gospel in that city and won a large number of disciples. Then they returned to Lystra, Iconium and Antioch, strengthening the disciples and encouraging them to remain true to the faith. - Acts 14:21-22

Question: What past challenges have you overcome that can serve as a testimony of God's faithfulness and your resilience?

Quote: Whatever are the things that occur in your life, if God lets you survive, then those things have no power over you.

Prayer: Lord, help me see my circumstances through Your eyes. Thank You that no situation can defeat me because You are greater than any challenge I face. Give me the courage to rise above my circumstances and testify of Your goodness. Amen.